

Are you a family member, friend, or carer of someone who uses mental health services in Tasmania?

We want to hear from you.

The Mental Health Council of Tasmania, in partnership with Mental Health Families and Friends Tasmania and Carers Tasmania, are running a series of focus groups for family, friends and carers of mental health service users in different regions of Tasmania. These groups will provide an opportunity for participants to share the barriers and challenges they have faced in relation to accessing mental health care and to talk about what they think would help to make services easier to access and more affordable. We will use what participants tell us to write a report and make recommendations to government.

The groups will be 2 hours in length, and feedback will remain anonymous. Participants will be provided with a \$20 gift voucher to thank them for their time and contribution.

Locations, dates and times are as follows:

Launceston: Friday 21 April, 10:00am-12:00pm

Hobart: Thursday 27 April, 10:00am-12:00pm

Burnie: Friday 28 April, 1:00pm-3:00pm

Online (Zoom): Tuesday 2 May, 1:00pm-3:00pm

If you are interested in being involved, please complete a short Expression of Interest form: <https://www.surveymonkey.com/r/MHCTfocusgroupsAA>

Please note that numbers are limited.