

MENTAL HEALTH NURSE ACCESS PROGRAM

RURAL HEALTH
TASMANIA INC



The **Mental Health Nurse Access Program (MHNAP)** is a Rural Health Tasmania Inc. service that coordinates care for people with complex and severe mental illnesses. Mental Health Nurses ensure patients' with severe and persistent mental illness receive appropriate case management and coordinated treatment.

Do you need support?

Providing support across Tasmania

West Coast
King Island
Circular Head
North-West
Central Coast
Devonport
Kentish
Latrobe

Phone 6452 1266

This program is supported by funding from Tasmania PHN (Primary Health Tasmania) through the Australian Government's PHN Program.

**Supporting Healthy
Communities**

SMITHTON • WYNYARD • KENTISH • WEST COAST • KING ISLAND • No 34 ABORIGINAL HEALTH SERVICE
Phone: (03) 6452 1266 Email: reception@ruralhealthtas.com.au Web: www.ruralhealthtas.com.au ABN: 33 028 264 129

Accessing The Mental Health Nurse Access Program (MHNAP)

To access the **Mental Health Nurse Access Program**, a Mental Health Care Plan and referral is required from your GP. Rural Health Tasmania can provide assistance in obtaining the Health Care Plan if required.

MHNAP is designed to:

- Improve levels of care for people with severe mental illness
- Reduce the likelihood of unnecessary hospital admissions and readmissions for people with complex & severe mental illness
- Assist people with complex & severe mental illnesses to stay well, and feel connected within the community

What does this mean for you?

- Periodic or regular reviews of your mental health with your GP and/or psychiatrist
- Medication monitoring and management
- Information on physical healthcare and lifestyle
- Access to a range of RHT community health & lifestyle support services
- Access to a range of other health professionals and services as required

Contact your local Rural Health Tasmania office for more information or Phone: 6452 1266

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