

Carer's Support Group

FOR EATING DISORDERS

WHEN Third Tuesday of each month
TIME 6pm – 7.30pm
WHERE Online via ZOOM
FEE Free

Carers' support groups are held monthly and are open to anyone who cares for a person with an eating disorder. The group provides an opportunity to discuss the challenges of helping your loved one to recover and offers support and encouragement. This is a safe space where you can talk about your feelings and find connection with others. You can join the group at any time. Butterfly's support groups are guided by professionally trained counsellors to ensure your safety and well-being.

To register or for more information please email the Eating Disorders Coordinator: georgina.taskunas@butterfly.org.au

Butterfly National Helpline

Free and confidential support
8am – midnight (AEST) 7 days a week
Phone 1800 33 4673

butterfly.org.au



Butterfly
LET'S TALK eating disorders