

WHAT DO I SAY, WHAT DO I DO?

PLEASE JOIN US FOR A FREE ONLINE
COMMUNITY WORKSHOP

Participants:

Mental Health Families and Friends
Tasmania

Purpose:

To increase understanding of suicide bereavement and learn basic support skills

Topics covered:

- The StandBy Service Model
- Crisis, trauma and grief
- What makes suicide different from other sudden death
- Support approaches and best practice
- Self-Care



Mountain Rocket, Cradle Mountain – Lake St Clair
National Park © Nick Salisbury

EVENT DETAILS

DATE Wednesday 12th August 2020

TIME 6.30pm – 9pm

VENUE Via Zoom

FACILITATED by Rod Lambert & StandBy Team

RSVP by Mon 10th August 2020

admin@mhfamiliesfriendstas.org.au

(03) 6228 7448

Limit of 15 people.

Details of the Zoom meeting to be emailed on
Tuesday 11th August

FOR MORE INFORMATION CONTACT:

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WWW.STANDBYSUPPORT.COM.AU



StandBy is an Australian Government initiative



We acknowledge the traditional Custodians of the land on which we operate, and pay our respects to their elders past, present and emerging.



Our organisation is a place where human rights are respected and people of diverse genders and sexual orientation are welcomed and supported.

