

COLLABORATIVE CARE SKILLS WORKSHOP ONLINE

A 5-week evidence-based program designed to help you:

- Understand and adapt your caring style
- Cope better as a carer
- Communicate with your loved one
- Manage difficult behaviour
- Understand the process of change
- Renew hope for recovery

When: August 4th – September 1st Tuesdays 6.00 – 8.00pm (AEST)

Where: online for all Tasmanians

Register by: Tuesday, 28 July 2020, places limited

Fee: A reduced fee is available for this online format of \$50/person or \$70/couple

For more information or to register: contact Georgina on 0474 004 443 or email georgina.taskunas@butterfly.org.au