



# Invitation to friends, families and carers of people with mental ill health

# Conversations with Statewide Mental Health and Alcohol and Drug Services Staff

#### Do You?

Help someone around their own home, take them shopping or help with other daily tasks? Take them for medical appointments, offer support by listening to their concerns? Do you increase your care when needed and take a step back to support their independence?

### Then these conversations are for you!

These forums are not open to service providers.

### Topic - Hospital Avoidance Program

Tuesday 26<sup>th</sup> May 2020 (10 am - 12 pm)

Mental Health Families and Friends Tasmania, Ground Floor, <u>2 Terry Street</u> Glenorchy



Please RSVP by 5.00 pm Monday 25th May to ensure social distancing.

**☎**6228 7448 or admin@mentalhealthcarerstas.org.au