

CHC43515 - Certificate IV in Mental Health Peer Work COURSE FLYER

A national qualification; CHC43515 Certificate IV in Mental Health Peer Work is for those persons who are looking to develop specialist skills to work with others who are experiencing challenges with their mental health. The Certificate IV in Mental Health Peer Work specialty electives are specific to workers who have lived mental health experience either as a consumer or carer.

Once you have successfully completed this qualification you will be qualified to work in the mental health sector with government, community or private service providers.

If you are interested in using your lived experience in a paid role or a voluntary role, this qualification may be ideal for you.

Occupational titles may include:

- Consumer Consultant
- Consumer Representative
- Peer Support Worker
- Peer Mentor
- Carer Consultant
- Carer Representative
- Aboriginal Peer Worker
- Participation Coordinator
- Family Advocate

Qualification Requirements

It is a requirement of the qualification that the candidate complete 15 units in total. These include:

- 8 core units (all students must complete)
- 7 elective units (students must choose 7 the electives on offer by the ERTO)

To achieve this qualification, you will also undertake 80 hours of work placement.

The units of competency are found on the next couple of pages

Core Units

Unit of Competency Code and Name	Core Units	Unit Description
CHCDIV001 Work with diverse people	Core (must complete)	How to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people
CHCMHS007 Work effectively in trauma informed care	Core (must complete)	Understanding trauma, particularly the impact of interpersonal violence and your contribution to the improvement of trauma informed care within a service.
CHCMHS008 Promote and facilitate self advocacy	Core (must complete)	The promotion and facilitation of self-advocacy contributes to a person's self-determination, empowerment and right to make informed choices in regard to all aspects of their life.
CHCMHS011 Assess and promote social, emotional and physical wellbeing	Core (must complete)	How to work collaboratively with individuals to assess, promote and review all aspects of wellbeing.
CHCPWK001 Apply peer work practices in the mental health sector	Core (must complete)	The skills and knowledge required for working with the mental health peer workforce in a range of settings where peer work occurs.
CHCPWK002 Contribute to the continuous improvement of mental health services	Core (must complete)	How to gather information and contribute to the continuous improvement of services.
CHCPWK003 Apply lived experience in mental health peer work	Core (must complete)	Using your lived experience in a purposeful way
HLTWHS001 Participate in workplace health and safety	Core (must complete)	How to participate in safe work practices to ensure your own health and safety, and that of others.

Choose One of the Specialisation Elective Units:

Unit of Competency Code and Name	Speciality Electives	Unit Description
CHCPWK004 Work effectively in consumer mental health peer work	Choose only if your lived experience is that you have experienced a mental health condition.	How to establish consumer peer relationships and work collaboratively with consumers and others to provide services.
CHCPWK005 Work effectively with carers as a mental health peer worker	Choose only if your lived experience is that you have been a carer of another person who has experienced a mental health condition.	How to establish carer peer relationships and work collaboratively with consumers and others to provide services

Choose six of the other Electives

Electives are to be selected in line with specified Packaging Rules. The following relevant electives are provided to facilitate selection and do not necessarily reflect workplace requirements. Employers may specify that certain electives are required to address specific workplace needs.

Six of the following units **must** be selected for this qualification:

Unit of Competency Code and Name	Elective Units – choose six only	Unit Description
CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues	Elective choice	Learning how to assess capacity to support people with co-existing mental health and alcohol and other drugs issues and to work collaboratively to provide support and facilitate links to other services
CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety	Elective choice	Identifying Aboriginal and/or Torres Strait Islander cultural safety issues in the workplace, model cultural safety in own work practice, and develop strategies to enhance cultural safety.
CHCCCS019 Recognise and respond to crisis situations	Elective choice	How to recognise situations where people may be in imminent crisis, then to work collaboratively to minimise any safety concerns and make plans to access required support services.
CHCCCS003 Increase the safety of individuals at risk of suicide	Elective choice	How to identify and manage immediate suicide risk and work with the individual to achieve safe outcomes.
CHCAGE001 Facilitate the empowerment of older people	Elective choice	How to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.
CHCCCS017 Provide grief and loss support	Elective choice	Recognising and responding to the needs of people who are experiencing loss, grief and bereavement.
CHCMHS002 Establish self-directed recovery relationships	Elective choice	Understanding how to promote the principles of recovery oriented practice, and to establish and confirm self-directed recovery relationships with people with mental illness.
CHCMHS003 Provide recovery oriented mental health services	Elective choice	How to work collaboratively in providing services to implement a range of strategies as part of recovery oriented service provision for people with mental illness.
CHCLEG001 Work legally and ethically	Elective choice	Understanding what is required to identify and work within the legal and ethical frameworks that apply to an individual job role
HLTWHS006 Manage personal stressors in the work environment	Elective choice	Maintaining health and wellbeing by preventing and managing personal stress.

Delivery Mode

This course is a combination of:

- 17 weeks (1 day per week) face to face class/workshop attendance
- Self-learning in preparation for classroom activities
- On-line learning
- Work placement of 80 hours

Assessment

You will be assessed in a variety of ways both in the classroom and in the workplace. Methods include demonstration of tasks/techniques, group activities, in-class activities, written work, projects, online activities and work placement.

RPL

Do you have prior experience? Apply for our Recognised Prior Learning (RPL) kit.

Tasmanian Health Service Enterprise Registered Training Organisation (THS ERT0) Contact details:

Phone: 1300 793 011 Email: rto-connect@ths.tas.gov.au