



Invitation for Flourish & Mental Health Family and Friends members to meet Geoff Brennan to talk all things Safewards



DATE: Tuesday 5th Nov 2019
TIME: 1600 – 1800
VENUE: 2 Terry St Glenorchy
MH Family & Friends meeting room
Refreshments provided

Safewards is one of the actions committed to in Rethink Mental Health: Better Mental Health and Wellbeing – A long-term plan for Mental Health in Tasmania 2015-25.

The aim of Safewards is to make Mental health Inpatient Wards safer for everybody by:-

- Promoting good therapeutic relationships
- Reducing conflict and containment
- Improving the consumer experience

This is a great opportunity for mental health consumers, carers, family and friends to meet Geoff and find about the role that consumers, carers, family and friends have had in both the development of Safewards and the ongoing introduction of Safewards across the world.

RSVP admin@mentalhealthcarerstas.org.au (03) 6228 7448

Geoff is a registered nurse, trained in mental health, and has worked in, on and around mental health wards for over 35 years. He worked closely with Len Bowers who we credit for giving us the Safewards initiative.

Geoff now presents Safewards in Australia, Europe and many parts of the UK.

Geoff is keen to meet with consumers, carers, family and friends to discuss ways we can improve the experience of consumers and their family and friends.



Safewards

**Working together to
make inpatient mental
health units
safer for everyone**