

FREE Suicide Prevention Training is coming to Dorset



Do you know how to help a suicidal person?

The course takes 4 hours to complete and you will receive a Handbook and an online Certificate of Completion at the end of your training. It pairs with the 12 hour Standard MHFA course. Course content is evidence-based, with the input of both mental health professionals, researchers and consumer supporters. The training is delivered by Mental Health Carers Tasmania and an accredited trainer through funding from the Department of Health and Human Services.

Where: Winnaleah Memorial Hall

When: Tuesday 22nd October 2019 (9:30 am – 1:30 pm)

Who for: **Free** for friends, families and carers (*in an unpaid role*) of people with mental ill health. Participants must be aged 18 years and over.

Register: Families, friends and mental health carers can register online or contact Carmel on 6228 7448 or admin@mentalhealthcarerstas.org.au

Register by Wednesday 16th October 2019. A light morning tea will be supplied

There **may** be placements available for students, volunteers or employees of organisations/businesses who do not have a lived experience as a carer, who want to attend in a professional development capacity at a subsidised rate of \$35.00 per participant.

Bookings and enquiries only by phone 6228 7448

A light morning tea will be supplied

Minimum of 6 and Maximum of 15 people. So book early!



Our Vision

Carers of people affected by mental ill health are understood, respected, valued and supported to build their capacities and improve their quality of life.

Mental Health Families and Friends Tasmania, 2 Terry St, Glenorchy 7010 P: 6228 7448
admin@mentalhealthcarerstas.org.au