



MHCTas: Survey for friends, families and carers of people with mental ill health- Report (January-June 2018)

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Questions

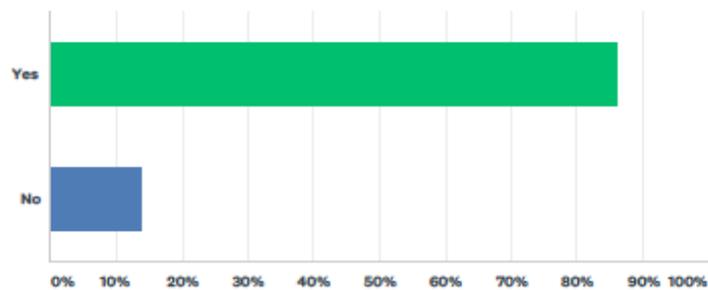
1. In the last 12 months have you engaged with a government or community mental health service?
2. If so, which service/s? (eg. Hospitals, GP's, Government or community based mental health services....)
3. Please tell us about your experience for your loved one and for yourself
4. When contacting or visiting a mental health service as a friend, family member or carer what has been your most positive experience?
5. What is most important to you, as a carer/supporter, when engaging with a mental health service? (eg. You are listened to, treated with respect, involved in your loved one's treatment and recovery plan....)
6. What supports, education, and information do you need in your roles as carer/supporter?
7. Have you been involved with the NDIS?
8. What has your experience with the NDIS been like?
9. If you need more information about the NDIS application process, please select each option that applies to you.
10. What region are you based in Tasmania?
11. What is your postcode?
12. What is your gender?
13. What is your age range?
14. Contact details for the lucky draw.

Key Findings

Question	Answered	Skipped	Responses
1	29	1	86.21% have engaged with a government or community mental health service
2	25	5	
3	26	4	
4	26	4	
5	29	5	
6	24	6	
7	29	1	62.07% have not been Involved with NDIS
8	15	15	
9	11	19	
10	28	2	
11	28	2	
12	28	2	
13	28	2	57.14% were aged between 45-64 years old
14	27	3	

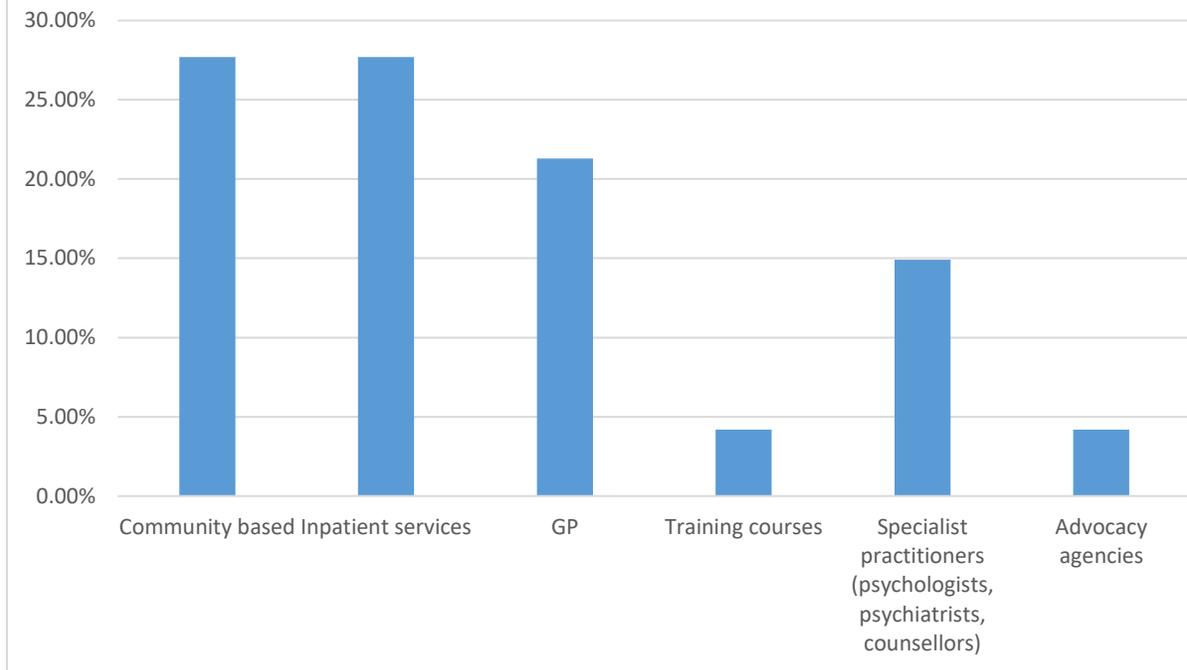
Q1 In the last 12 months have you engaged with a government or community mental health service?

Answered: 29 Skipped: 1



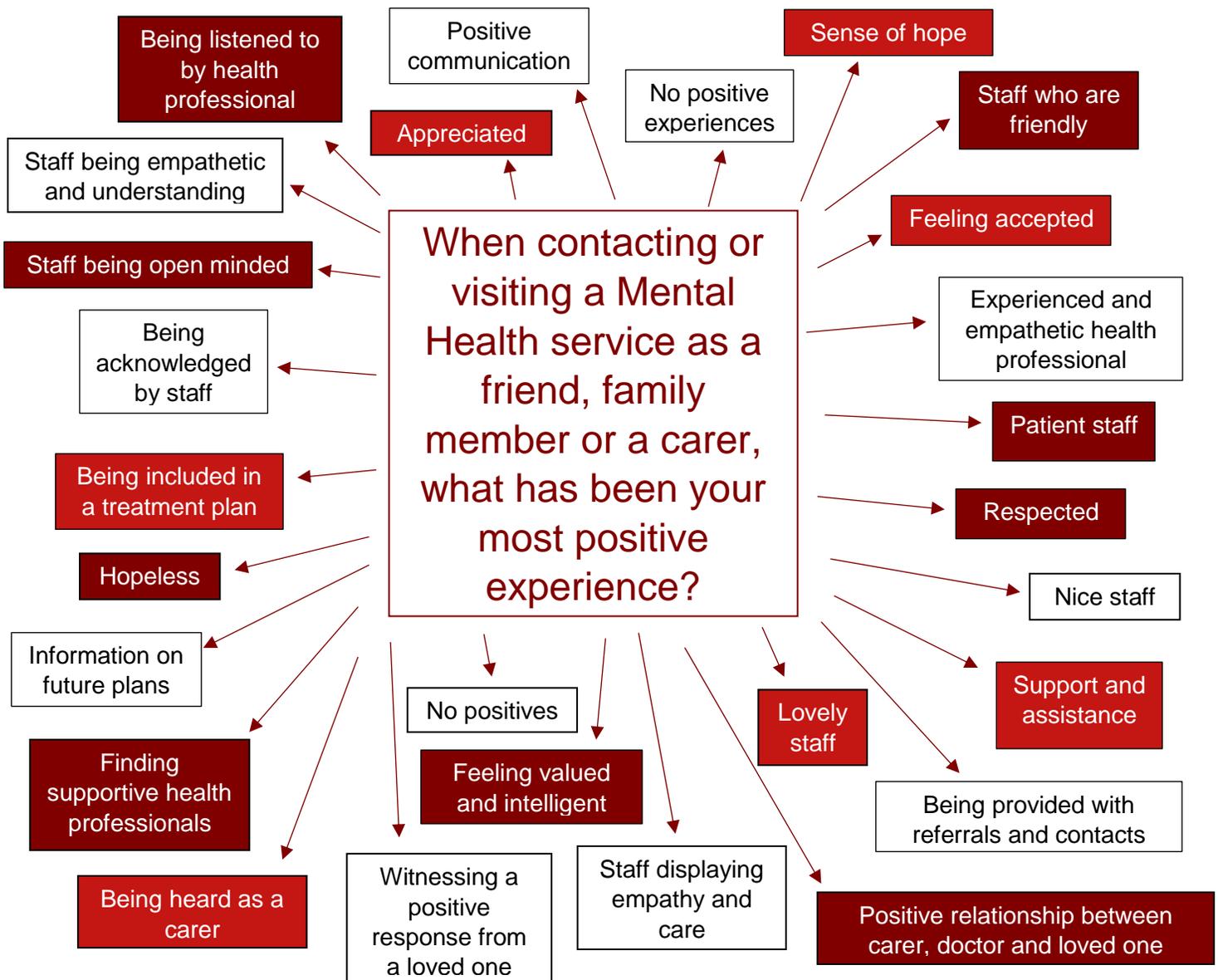
ANSWER CHOICES	RESPONSES	
Yes	86.21%	25
No	13.79%	4
TOTAL		29

Q2. Which mental health services have you engaged with in the last 12 months?



Services	Responses
Community based	13
Inpatient services	13
GP	10
Training courses	2
Specialist practitioners (psychologists, psychiatrists, counsellors)	7
Advocacy agencies	2

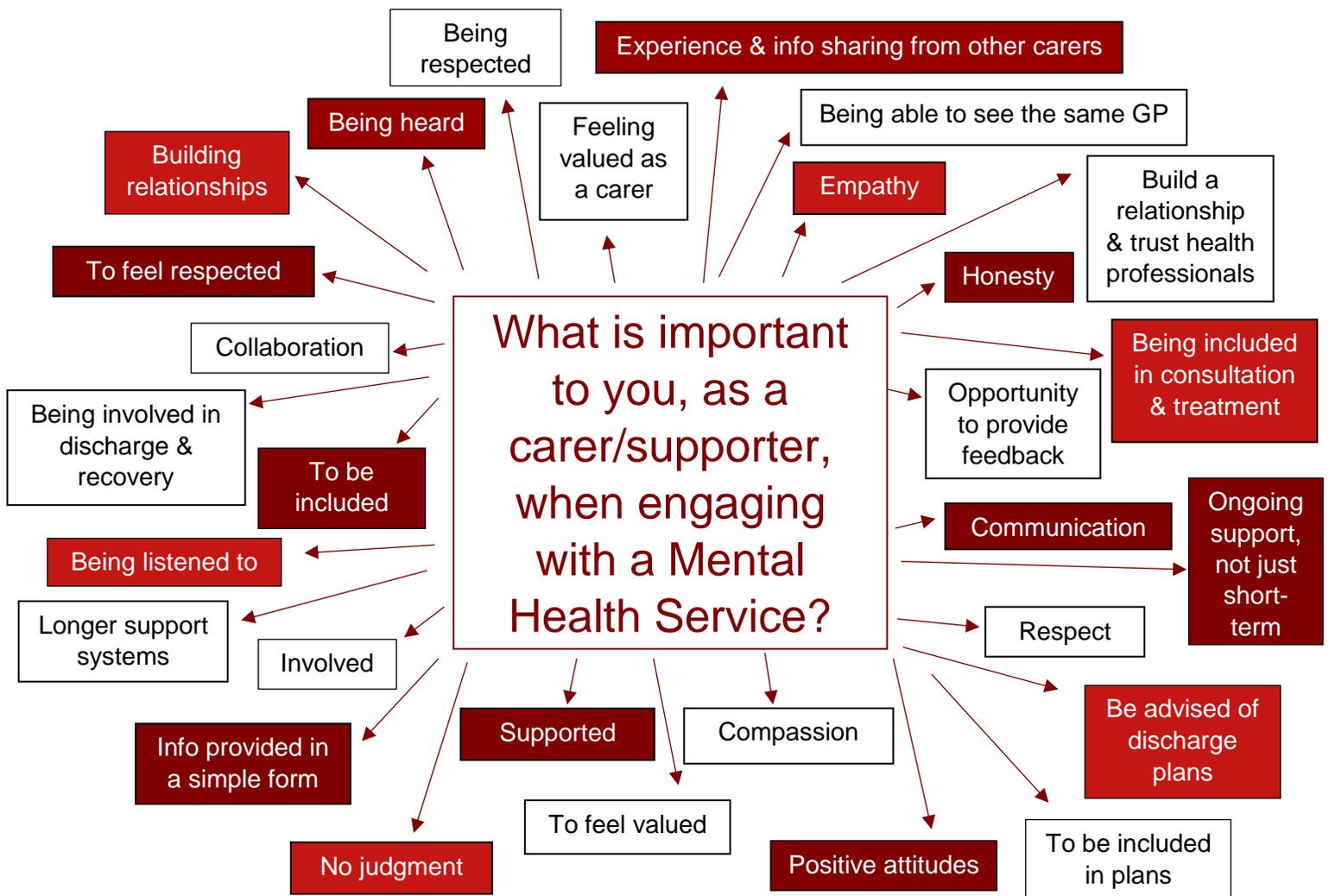
Question 4:



Participants expressed that the most positive experiences when engaging with a Mental Health service were being included, feeling valued, being supported and interacting with nice, understanding and empathetic staff. These responses reflect many of the National Practice Standards for the Mental Health Workforce 2013; The mental health practitioner. . .

1. Works with people & their families and carers as partners.
5. Demonstrates respect for family members' & carers' roles, acknowledging diverse family capacities, experiences, value systems & beliefs.
14. Facilitates social inclusion, social connectedness & engagement of people in activities that offer meaning, satisfaction & purpose to the person, such as recreation, education & vocation.

Question 5:

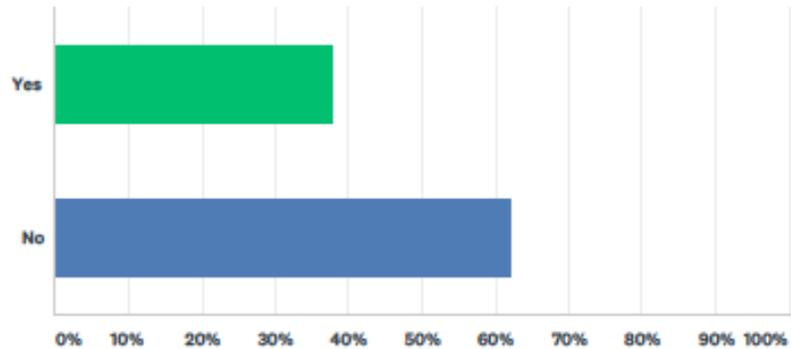


A common response from participants when engaging with a Mental Health service, is to feel included, respected, supported and valued. These responses reflect many of the National Practice Standards for the Mental Health Workforce 2013; The mental health practitioner. . .

2. Engages in practice that reflects that the person exists within a context of family, significant people, community & culture.
3. Applies the principles of self-determination & supports people & their family members & carers in being decision makers in their recovery process.
4. Expresses hope & optimism, applying strengths-based approach & valuing the person's and their family's/carers knowledge & perspectives.
8. Uses language that demonstrates respect for the person, family and carers at all times.

Q7 Have you been involved with the NDIS?

Answered: 29 Skipped: 1



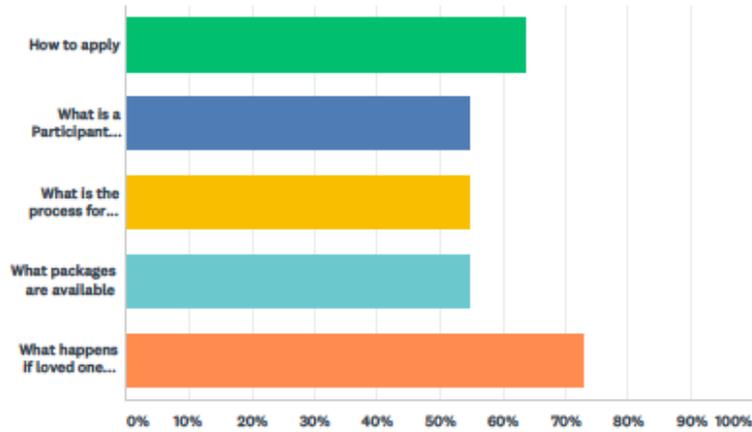
ANSWER CHOICES	RESPONSES	
Yes	37.93%	11
No	62.07%	18
TOTAL		29

Question 8:



Q9 If you need more information about the NDIS application process, please select each option that applies to you.

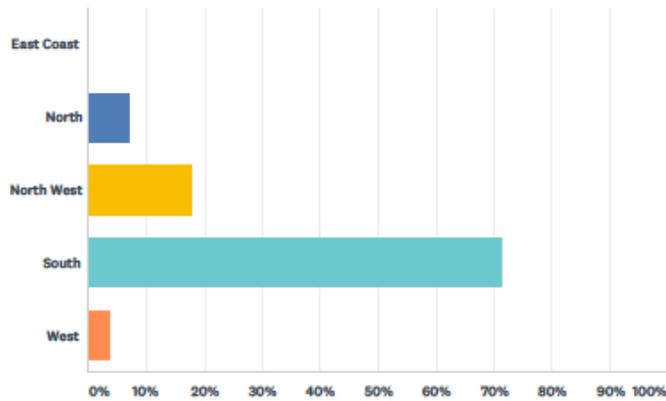
Answered: 11 Skipped: 19



ANSWER CHOICES	RESPONSES
How to apply	63.64% 7
What is a Participant Plan	54.55% 6
What is the process for psychosocial assessments and the criteria	54.55% 6
What packages are available	54.55% 6
What happens if loved ones are not eligible for the NDIS	72.73% 8
Total Respondents: 11	

Q10 What region are you based in Tasmania?

Answered: 28 Skipped: 2



ANSWER CHOICES	RESPONSES
East Coast	0.00% 0
North	7.14% 2
North West	17.86% 5
South	71.43% 20
West	3.57% 1
TOTAL	28

Q11 What is your post code?

Answered: 28 Skipped: 2

#	RESPONSES	DATE
1	7310	5/29/2018 10:55 PM
2	7010	5/13/2018 3:04 AM
3	7004	4/30/2018 5:54 PM
4	7008	4/25/2018 10:22 AM
5	7030	4/24/2018 3:28 PM
6	7179	4/19/2018 2:30 PM
7	7140	4/17/2018 10:59 AM
8	7250 Ravenswood	4/3/2018 2:48 PM
9	7325 Wynyard	4/3/2018 2:43 PM
10	7310	4/3/2018 2:40 PM
11	7315 Ulverstone	4/3/2018 2:38 PM
12	7315 Ulverstoner	4/3/2018 2:35 PM
13	7173 Dodges Ferry	4/3/2018 2:32 PM
14	7012 Collinsvale	4/3/2018 10:55 AM
15	7009 Moonah	4/3/2018 10:51 AM
16	7011 Claremont	4/3/2018 10:46 AM
17	7000 (Hobart)	4/3/2018 10:36 AM
18	2713	3/26/2018 1:24 AM
19	7008	3/25/2018 8:20 PM
20	7015	3/24/2018 4:51 PM
21	7120	3/24/2018 8:16 AM
22	7054	2/14/2018 12:38 PM
23	7000	2/5/2018 8:05 AM
24	SS2 5JL	2/2/2018 11:55 PM
25	7004	1/24/2018 8:07 PM
26	7011	1/23/2018 4:33 PM
27	7009	1/23/2018 4:15 PM
28	7018	1/23/2018 3:13 PM